

# In Times Like These: A Message of Encouragement

Philippians 4:1-8

Calvary Baptist Church

October 19, 2008

## INTRODUCTION

### I. Our Stand in Times Like These (4:1-3)

#### A. Standing Faithful to the Savior (1)

##### 1. Paul's Affection for the Philippians

##### 2. Paul's Admonition to the Philippians (Eph. 6:10)

stand fast – Gk., *steko*.

#### B. Standing in Fellowship With the Saints (2,3)

##### 1. The Appeal to the Women

##### 2. The Appeal to the Worker

yokefellow – Gk., *syzygos*.

help – Gk., *syllambanō*.

### II. Our Spirit in Times Like These (4:4-6A)

#### A. The Rejoicing of Our Spirit (4; Ps. 34:1; Neh. 8:10)

rejoice – Gk., *chairo*. To be cheerful

#### B. The Response of Our Spirit

(5; Prov. 15:3; Pr 5:21; Jer. 16:17; 23:24; Heb. 4:13)

moderation

#### C. The Restraint of Our Spirit (6A)

careful – Gk., *merimnaō*.

1. Do not worry about your life (Mt. 6:25).

2. Do not worry about your food (Mt. 6:25).

3. Do not worry about your drink (Mt. 6:25).

4. Do not worry about your clothing (Mt. 6:25).

5. Do not worry about your physical makeup (Mt. 6:27).

6. Do not worry about tomorrow (Mt. 6:34)

7. Do not worry about the answer you will give to your persecutors (Mt. 10:19).

8. Do not worry about "everything" (Lk. 10:41)

9. Do not worry about anything (Philipp. 4:6)

### III. Our Supplication in Times Like These (4:5B; Rom. 8:28)

#### 1. Prayer (*proseuchē*)

#### 2. Supplication (*deēsei*)

#### 3. Thanksgiving (*eucharistias*)

#### 4. Requests (*aitēmata*)

### IV. Our Strength in Times Like These (4:7)

#### A. The Source of Peace

##### 1. God (Isa. 26:3; Philipp. 4:9)

##### 2. Christ Jesus (Eph. 2:14; 2 Thess. 3:16)

#### B. The Surpassing Peace

Passeth – Gk., *hyperechō*.

understanding – Gk., *nous*.

#### C. The Settling Peace (Acts 9:24; 2 Cor. 11:32; 1 Pet. 5:6-7)

Keep Gk., *froo-reh'-o*.

heart – Gk., *kardia*.

mind – Gk., *noema*.

## CONCLUSION (3:20,21; 4:8)